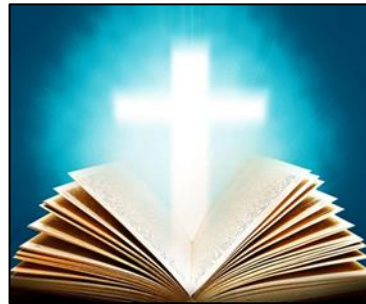


Our faith (believed and then lived out) really matters

Have nothing to do with godless myths and old wives` tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

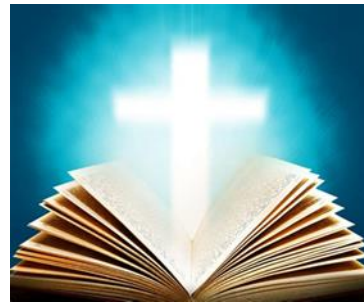
This is a trustworthy saying that deserves full acceptance (and for this we labour and strive), that we have put our hope in the living God, who is the Saviour of all men, and especially of those who believe. Command and teach these things.



1 Timothy 4:7-16

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching.

Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you. Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.



1 Timothy 4:7-16

Clear out the clutter

Have nothing to do with godless myths and old wives` tales;

Useless speculations can be very damaging leading to distractions and empty but heated arguments.



Is there a difference between these two or is Paul describing the same things in different ways?

The terrible power of human imaginations and inventions

rather, train yourself to be godly.

What is he aiming for?
How do you get there?

Application is required
No pain – no gain?



For physical training is of some value(for a time),

Keeping fit?

Your body is a gift - the Spirit's temple

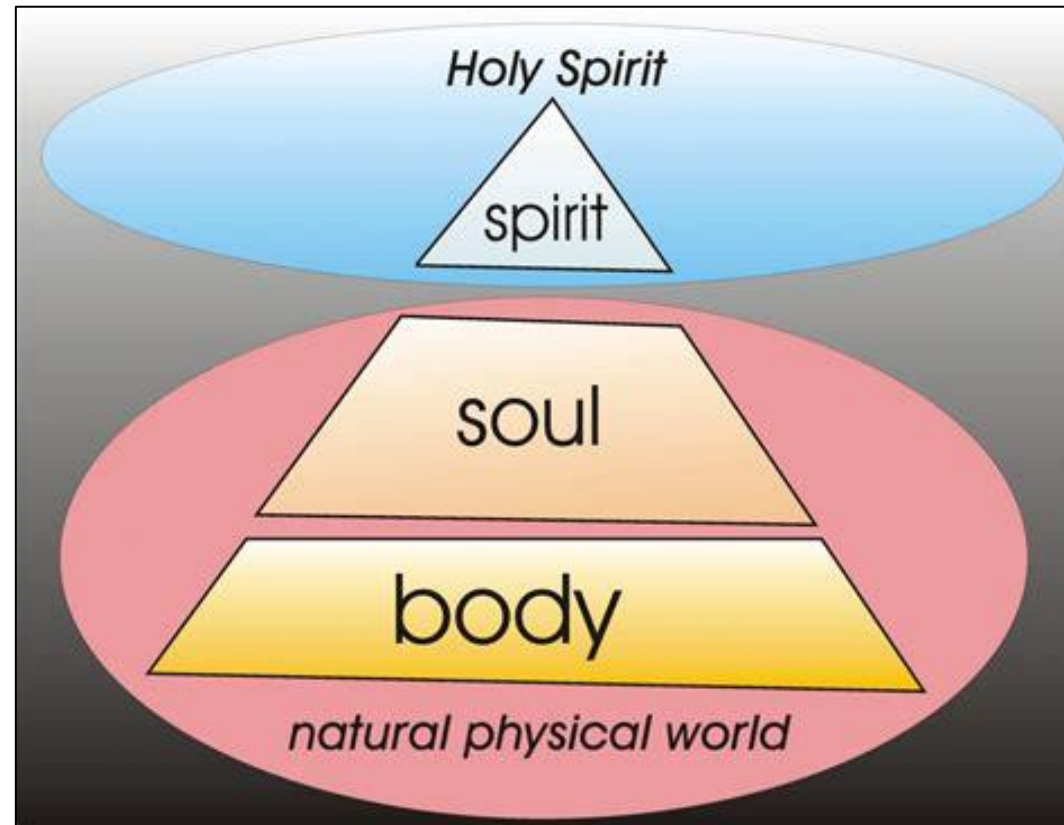
1 Corinthians 6:19-20 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honour God with your bodies.

Mental discipline can carry over into other areas of life – a good routine.



For physical training is of some value, but godliness has value for all things,

Godliness affects all of our life



godliness has value for all things,
holding promise for both the present life and the life to come.

A help for life here in this world as a preparation for the next



Are we getting ready?

This is a trustworthy saying that deserves full acceptance
(and for this we labour and strive),

Triple underline what is coming up

We give this



The most important thing

that we have put our hope in the living God,

We are trusting in the real, personal, active God



the living God,
who is the Saviour of all men,

The ONLY Saviour AVAILABLE for all men

In what sense does God save all men (everybody) cf. Paul in Acts at Lystra

Acts 14:16-17 In the past, *God* let all nations go their own way. Yet he has not left himself without testimony: He has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy."



Sunshine and Showers

“Saviour” is a big word

the living God, who is the Saviour of all men,
and especially of those who believe.

Especially
saving believers
(who are
already ‘saved’!)



Romans 8:28 And we know that for those who love God all things work together for good, for those who are called according to his purpose.

Things we should do !

Command and teach these things.

Command !!!

Teach !!!

Things to change our thinking / mindset



Don't let anyone look down on you because you are "young",

Grown up but lacking experience?

Avoid the danger of low confidence because of age and experience

Our authority does not ultimately come from ourselves.

Cf. Jeremiah



Jeremiah 1:6-8 Then I said, "Ah, Lord GOD! Behold, I do not know how to speak, for I am only a youth." But the LORD said to me, "Do not say, 'I am only a youth'; for to all to whom I send you, you shall go, and whatever I command you, you shall speak. Do not be afraid of them, for I am with you to deliver you, declares the LORD."

but set an example for the believers in speech,
in life, in love, in faith and in purity.

A good example has twice the value
of good advice

Set the lead by your life

For believers – don't expect the world to love you – you may be called a crank.



but set an example for the believers in speech,
in life, in love, in faith and in purity.

- Speech- What comes out of your mouth
- Life - Daily behaviour,
- Love- Expressions of God's love,
- Faith- They will see you believe in how
you face challenges
- Purity- They will see your faith in what
you don't do and what you do do.



“These are the criteria by which to assess a pastor. If he is smart, if he is funny, if he is cool, if he dresses sharp, if he is popular, or if he is any number of other things, they matter little. You must look for a pastor who is an example in word, in conduct, in love, in spirit, in faith, in purity.” - David Guzik

Present duties

Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching.

In the mean time your priorities should be:-

Public reading of Scripture (OT, Paul's letters)

Preaching - exhortation - motivational message

Teaching – explaining the faith and its implications



Do not neglect your gift,

What was Timothy's gift?

The danger of neglect

We need faith because fear cripples

Is there a danger of

“use it or lose it”?

Cf. Romans 11:29

and the ‘talents’ parable

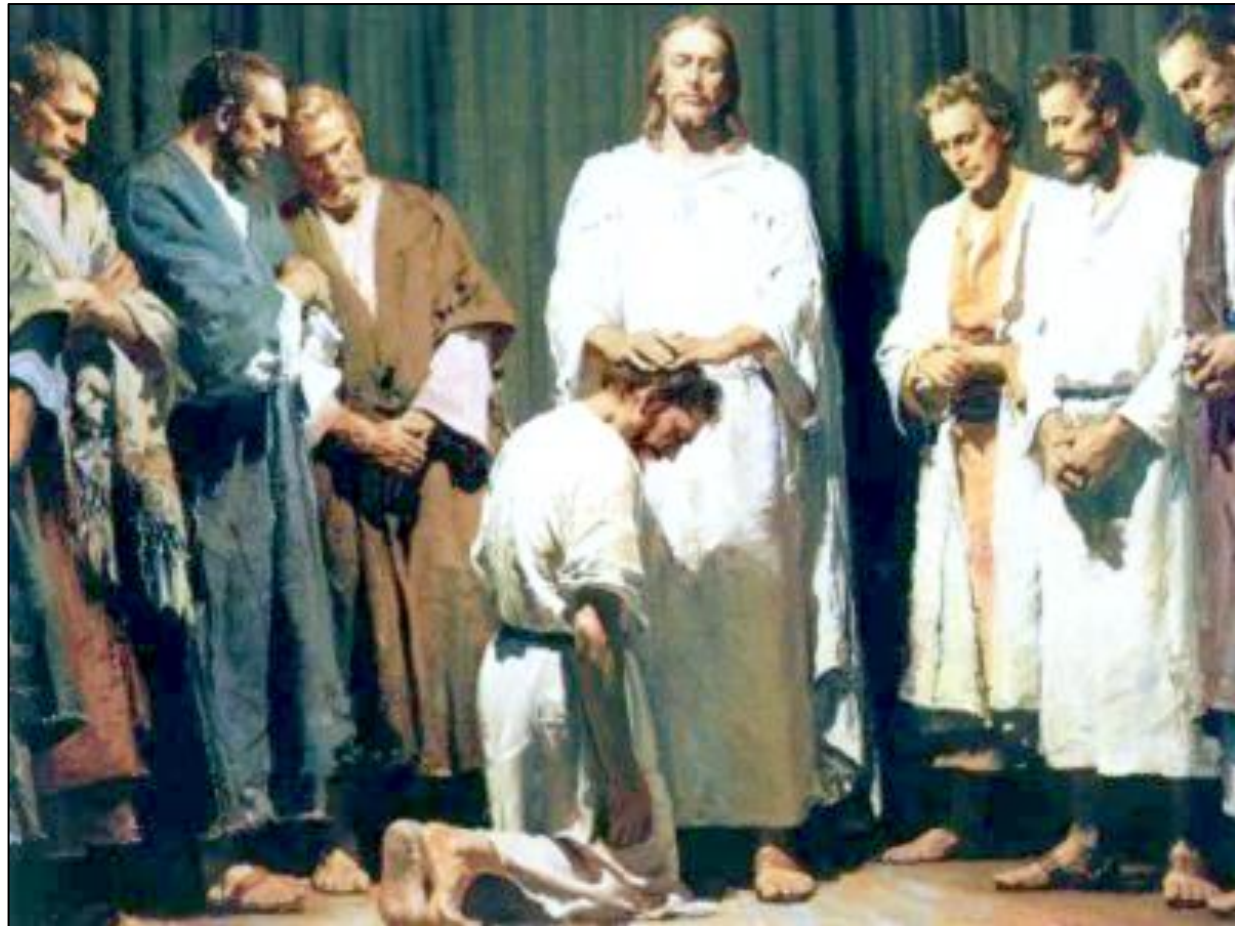


What gifts does God give to believers?

How he got his gift

Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you.

The prophecy was God's 'direct' call upon Timothy as the leaders set him apart for the work.



Work at it!

Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress.

Concentrate
(and enjoy?)

How can they see his progress?

Do they sense the anointing?

Is there an effective life-changing ministry?

Is his personal character more like Jesus?



2 Peter 3:18 But grow in the grace and knowledge of our Lord and Saviour Jesus Christ.

Personal safety inspection

Watch your life and doctrine closely.

Life - your 'fruit' will show what you are.

Doctrine - Is it man's ideas or God's word?

Proverbs 21:2 A person may think their own ways are right, but the LORD weighs the heart.

Ask God to help with the inspection.

Psalm 139:23-4 Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.



- PUTTING YOUR LIFE IN YOUR HANDS -

INSPECTING
YOUR HARNESS

It's not a sprint. It's a marathon!

Persevere in them,



This is where routine can be helpful.

Great results are promised

Persevere in them,
because if you do, you will save both yourself and your hearers.

What does he mean by “save yourself”?

The Rewards of work well done

What you teach leads to salvation and good workers, who in turn will earn rewards for faithful service.



This is a trustworthy saying that deserves full acceptance

What Really Matters?

we have put our hope in the living God

Our faith (believed and then lived out)